

## See what's sexy@LOVE ZONE

June 2013

## Top 4 items for creating a night of sexual bonding.

What better way to bond together then by making a clone of something sensual.



Surprise your lover with some new moves from Sinclair's great How to videos or watch together for even more intimacy.



You will have fun shopping together for a new piece of sexy lingerie and even more fun when it's on the floor later that evening.



Make your lover sugary sweet with Body Candy's edible body glaze, kissing spray or body powder. Lot's of delicious flavors. YUM!!!



# SAVE THE DATE A VERY SPECIAL EVENT IS COMING TO LOVE ZONE -MARYSVILLE JULY 26 -28TH BE ON THE LOOKOUT, MORE EXCITING DETAILS TO COME!

### Want to deepen your bond with your partner?

Try the Yab-Yum(tantric) exercise which taps into your energy and heightens it by revving the libido and deepening a couple's bond.

To do the Yab-Yum,

- 1. Ask your partner to sit (on the floor or bed) cross-legged or with his legs open if it's more comfortable for him.
- 2. Sit on his lap facing him, with your legs wrapped around his back (if he's not sitting cross-legged, you'll need a cushion underneath your bottom).
- 3. Place your right hand on his lower back and your left hand over his shoulder, resting between his shoulder blades. Have him position his hands the same way on your shoulder and back.
- 4. Synchronize your breathing. Visualize your hearts sharing their energy.

People find that this exercise arouses more than just the heart.

Add some rhythmic squeezing and releasing of your Kegel muscles (have him do the same), and you should be on your way to the most spiritual sex.

Also, try this exercise with your clothes on, this helps you and your partner connect and focus at the heart level.

#### HISTORY OF CONDOMS

**1000 B.C.** - Images from around 1000 BC show the ancient Egyptians wearing linen sheathes. It's still being debated whether they wore these condom-like sheathes for protection or for ritual.

**100-200 A.D.** - The earliest evidence of condom use in Europe comes from scenes in cave paintings at Combarelles in France.

**1500s** - In Italy, research by Gabrielle Fallopius found the linen sheath useful for prevention of infection, and later discovered its usefulness for the prevention of pregnancy.

**1700s** - The naming of the condom is a bit of a mystery. Some believe it was named for "Dr. Condom," who supplied King Charles II of England with animal tissue sheaths. Others believe the name



came from a "Dr. Condon" or "Colonel Cundum." Most likely it came from the Latin word "condom," which means "receptacle."

**1844** - Goodyear and Hancock began to mass-produce condoms made out of vulcanized rubber, which is a stronger and more elastic material.

**1873** - The Comstock Law was passed. It prohibited the advertising of any sort of birth control, and it also allowed the postal service to confiscate condoms sold through the mail.

**1880s** - The first latex condom was produced, although it was to be the 1930s before these were in widespread use.

**Early 1900s** - Social hygienists fought to prohibit the use of condoms by Americans, resulting in U.S. troops in World War I having the highest rate of STDs over 70%! By World War II, a more realistic attitude had emerged and the government aggressively promoted the use of condoms.

**1960s** - The sexual revolution of the '60s resulted in a decline in condom use as more and more youth practiced free love without condom usage.

**1980s** - HIV, the virus that causes AIDS, was identified, and the Surgeon General stated that other than abstinence, the most effective way to protect against HIV is to use a latex condom each and every time you have sex.

**1990s** - The 1990s saw the introduction of a large number of different types of condoms, including colored, ribbed, studded, flavored and glow in the dark.

#### Love Zone—Ballard

7750 15th Ave NW Seattle, WA 98117 (206) 782-3763

#### Love Zone—Everett

5716 Evergreen Way Everett, WA 98203 (425) 353-7965

#### Love Zone—Marysville

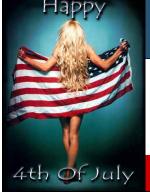
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